Justify all answers!

(8 pts)

(1) [+4] Let S and T be sets whose elements are sets, themselves. For example, maybe S and T are powersets. Prove that if $S \subseteq T$, then

$$\bigcup_{X \in S} X \subseteq \bigcup_{Y \in T} Y$$

 $\bigcup_{X\in S}X\subseteq\bigcup_{Y\in T}Y.$ (2) [+4] For sets A,B,C,D, prove that $(A\times B)\cap(C\times D)\subseteq(A\cap C)\times(B\cap D).$